A QUICK GUIDE TO

Opioid Overdose Reversal with Naloxone



1. VERBAL CUE	2. LIGHT PHYSICAL STIMULATION	3. INTENSE STIMULATION
Be loud: **"HEY, are you okay?"**	Gently **shake shoulder** or **tap** their **feet**	1. Press down the nail bed 2. Pinch the back of the arm 3. Sternum rub as last resort- nuckles together and rub the sternum up & down
4. CONSENT	**5. GIVING NALOXONE**	**6. RESCUE BREATHS**
LOUDLY ANNOUNCE: **'Hey, I'm going to give you naloxone if you don't respond'** *Giving someone naloxone is extremely uncomfortable and puts them into withdrawal.* If the person still doesn't respond, be prepared to give them naloxone.	1. Place the naloxone into the person's nose. 2. Press red plunger all the way up to release the entire dose 3. Call 911 4. If person isn't breathing on their own, be prepared to give second dose **3-5 minutes after first!** **Giving more naloxone sooner does not make it work faster!**	1. Check to make sure airway is clear. 2. Tilt the head back; pinch the nose 3. Use a face shield or shirt as a barrier. 3. Two quick breaths to start 4. One breath every 5 seconds 5. Breathing on their own? Put them in the recovery position (on their side)

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