

# Let's talk about amphetamine withdrawal



# To be clear:

This applies to all amphetamines.

The following prescription medications may cause the same symptoms:

**Adderall**-mixed amphetamine salts

**Vyvanse**-lisdexamfetamine dimesylate

**Desoxyn**-methamphetamine



While amphetamines do not produce traditional physical withdrawal symptoms, relapse rates are notoriously high.

**One study found 86%  
of individuals had  
relapsed within 5  
years.**





# So what's up?

Long term meth use causes damage to dopamine receptors which significantly disrupts the natural reward system.



**Anhedonia**  
an inability to  
experience  
pleasure



# Treatment

#1 Prescribed medication is bupropion or Wellbutrin.

There are other meds that may help but further research is needed.



Most treatment interventions for methamphetamine use disorder are psychosocial & involve therapy to change patterns in behaviors and thinking.



# Bottom line...

Time is the only **true cure** for symptoms of amphetamine withdrawal.

However, some medications have shown to improve symptoms & support individuals in decreasing problematic use.





# Sources

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